Dear Friends and Supporters of Touchstone Mental Health,

2014 was a year of unparalleled excellence here at Touchstone Mental Health. Through our innovative approach to a person’s mental and whole health, our team worked every day with our clients to inspire hope, healing, and well-being. What we are seeing, and learning, is the services we provide are more in demand than ever before. Last year we worked hand-in-hand with more than 1,100 clients – the most in our 33 year history.

Far too often, access to mental and whole-person health is fragmented – spread throughout a number of providers – making it increasingly difficult for those in the most need to get the help they need and want. This disparity is even more evident in poorer populations, communities of color, and the disabled community.

Touchstone works to bridge that gap, making it easier for our clients to move towards mental health recovery. We serve as a beacon for those who are affected by mental illness, shining a light on the path, and standing as their partner on the often long road ahead.

But this wouldn’t be possible without your support. Your time, energy, and donations provide the resources needed to enable us to focus on those we serve every day. You are there with us as we stand by their side, helping them find their way.

Thank you for all you have done to support our mission and for helping us inspire hope, healing and well-being every day at Touchstone.

Martha Lantz
Executive Director

Donna Langer-Hansen
Board of Directors, Chair

88% of clients did not require a psychiatric hospitalization as a result of Touchstone’s services

95% of clients served made progress on their recovery goals

“Our son finally has stable housing after being in 5 different housing situations and 10 hospitalizations in the past five years. I can’t thank Touchstone enough for improving the quality of his life.”
- Touchstone Parent

“The staff at touchstone hold the vision that I can be, and am, more. Touchstone has helped me beyond the traditional, basic needs.”
- Touchstone Client
**Support and Revenues**

- **Net Program Service Fees** $7,897,054
- **Rent/Food/Utilities** $356,990
- **Investment Income** $3,280
- **Grants** $49,786
- **Contributions** $222,047
- **Special Events** $35,602
- **Other** $34,158

**Total Support and Revenues** $8,598,917

**Total Expenses 2014**

- **Assisted Living** $2,890,448
- **Residential Treatment** $1,201,868
- **Intensive Community Rehabilitation** $669,590
- **Care Coordination** $824,285
- **Intentional Communities** $393,560
- **Targeted Case Management** $606,764
- **Health and Wellness** $745,282
- **Home and Community Based Services** $317,030
- **Management and Administrative** $547,100
- **Fundraising** $101,787

**Total** $8,297,714

**Liabilities and Net Assets**

- **Current Liabilities** $604,506
- **Long-Term Liabilities** 0
- **Unrestricted** $3,001,576
- **Temporarily Restricted** $1,429,443

**Net Assets** $5,035,525

**Statement of Activities**

- 95% of clients responded they were satisfied with Touchstone services on the annual satisfaction survey.
- 95% of Touchstone clients responded on the annual satisfaction survey that they were satisfied with Touchstone services.
- 83% of Touchstone Residential Treatment clients successfully completed the program and moved to a less restrictive living setting.

*"I have found a sense of belonging and self-worth from being involved in Touchstone. For the first time in my life I have confidence in myself."

- Touchstone Client
Our Donors 2014 January 1, 2014- December 31, 2014

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a beloved brother and friend
1947-2014
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In memory of Andrew Engeldinger
David J. Miller
In memory of Cynthia Riggs
Sally Waterman
In memory of Don Waterman
Suzanne Weinstein
In memory of Rachel Wauson

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**PROGRAMS AND SERVICES**

**ASSISTED LIVING**
Touchstone offers two Assisted Living options for people with a mental illness which provide customized living services to improve mental and physical health stability. Services include housekeeping, independent living skills, recreation opportunities, meals and healthcare coordination. Our programs are located in New Hope and at Rising Cedar in Minneapolis.

**HEALTH AND WELLNESS CENTER**
Health and Wellness Center services are designed to treat the whole person. Our staff provide health, nutrition and fitness assessments, acupuncture and health education, so clients have the knowledge and tools to live a healthier life. This service is open to anyone in the community.

**CARE COORDINATION**
Care Coordinators work with clients by coordinating client medical, social services and transportation with their team of physical, mental health, and social service providers.

**HOME AND COMMUNITY BASED SERVICES (HCBS)**
HCBS staff assist clients with a mental illness to find housing as well as provide a variety of intensive services to support them in the community. Services include in home assistance with medication, household tasks, independent living skills, health and wellness monitoring, coordination of care, and organized group activities.

**INTENSIVE RESIDENTIAL TREATMENT SERVICES (IRTS)**
This program offers short term intensive mental health treatment for people with a serious mental illness by providing therapeutic and educational groups in a comfortable environment. Residential Treatment is provided in our Minneapolis facility. *(Bloomington location opens in 2015)*

**TARGETED CASE MANAGEMENT**
This program provides resources for people with a serious mental illness which increase independence and improves their ability to live in the community. Our Case Managers provide assistance and advocacy in connecting clients to social, vocational, housing, financial and medical services in order to meet their mental health needs.

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“I have had a lot of mental health treatment in my life but this is the first time I learned that there is a connection between my body, my mind and mental health. Learning new wellness skills has helped me cope every day.”

- Touchstone Client

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**Touchstone Mental Health Board of Directors 2014**

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