2019
Annual Report

TOUCHSTONE
MENTAL HEALTH
Touchstone Mental Health

Our Mission

Touchstone Mental Health provides innovative, person-centered services that foster hope, health and well-being.

Our Vision

All people whose lives are affected by mental illness flourish with access to effective treatment, quality housing, supportive services, and communities that are inclusive and welcoming.

Our Values

» Dignity and respect are cornerstones of all our interactions.

» Diversity, equity and inclusion create a welcoming culture that reflects compassion and embraces differences.

» Innovation, excellence and collaboration in our work helps us set the standard for mental health services and assure safe and affordable housing for the people we serve.

» Person-centered approaches ensure that all people have the right to make informed choices about their lives.

Our Commitment to Equity and Inclusion

Touchstone Mental Health is committed to an environment that recognizes, welcomes, and affirms all identities by raising awareness, engaging in efforts to overcome oppression, and fostering a culture of equity and inclusion.
Dear Friends and Supporters,

In 2019, Touchstone Mental Health provided an array of community mental health services, residential treatment, and community housing services, serving 1,684 people. We have several programs dedicated to finding and keeping people in housing, and we recognize housing stability is essential for mental health recovery for everyone we serve. Our leadership embraces the critical need for mental health services and housing as key to an individual’s overall health.

Touchstone also developed new partnerships and services in the past year. One of the greatest needs identified by our community is the increase of older people who become homeless. In response, Touchstone partnered with Alliance Housing, Hennepin County, and MN Department of Veterans Affairs to assist people ages 55 and older, to have a home, rent assistance and onsite services at Minnehaha Commons. The program opened last fall providing a home and onsite supports for 44 individuals who experienced homelessness. We also partnered with Dakota County to provide Targeted Case Management for people who need additional supports.

Everyone at Touchstone works to make a difference in people’s lives by providing person centered services that meet their needs. We were honored to receive the Mental Health Program of the Year Award from the NAMI Minnesota in October 2019.

As we look back to 2019, we see our growth and successes would not be possible without our supporters, donors, funders, and partners.

Thank you for all you have done to support our mission – we look forward to an exciting 2020.

Ellie Skelton
CEO/Executive Director

Erica Taylor Radtke
Board Chair

“I’ve learned that our lives are like trains in the railroad yard. When a switch is pulled for a car to go down a track, it brings us on a different path. I’m on a better path since coming to Touchstone.”

Thomas
“I look at life differently. Now I look forward to waking up every day.”

Jay

Our Results

88%
Individuals served in Case Management and Intentional Communities avoided psychiatric hospitalization.

74%
Individuals successfully completed Residential Treatment.

54 people
ages 55 and older moved from homelessness into housing and

91%
of these individuals had stable housing for at least 6 months.

77%
Individuals served in Housing Innovations and Intentional Communities had stable housing for 24 months.

80%
Individuals in residential treatment, New Hope and Rising Cedar Apartments felt their quality of life improved as a result of Touchstone services.

88%
Individuals served in Case Management, Housing Innovation Programs and Minnehaha Commons made progress on a recovery goal.

95%
Individuals felt art and music classes were helpful in their mental health recovery.
2019
A year in pictures

MN quilters donated over 80 quilts for clients

Elle Skelton, CEO, with Board Member, Jamal Adam at Inspire 2019

Rising Cedar resident and speaker, Thomas Mishler at Inspire 2019

Minnehaha Commons opened October 2019

The Center of MVMT raised over $6k for Touchstone during its Summer MVMT Series

Minneapolis Mayor Frey and MN Office to End Homelessness Director, Cathy ten Broeke, at the Minnehaha Commons Grand Opening

Bridgewater Bank hosted a picnic for Housing Innovations clients

 Boston Scientific volunteered at Residential Treatment Bloomington
Who We Serve

Touchstone served 1,684 people in 2019.

**AGE RANGE**

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<thead>
<tr>
<th>Age Range</th>
<th>Percentage</th>
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<td>35-44</td>
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**RACIAL BACKGROUND**

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<tr>
<td>Black/African</td>
<td>30%</td>
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<tr>
<td>White</td>
<td>44%</td>
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<table>
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<tr>
<td>Black/African</td>
<td>481</td>
</tr>
<tr>
<td>White</td>
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**INCOME LEVEL**

100% of people served have an income at or below the Federal Poverty Level of $12,760 annually.

$12,760
100%

**People Served by Program**

- **Community Mental Health Services**
  - Intensive and Targeted Case Management
  - Care Coordination
  - Behavioral Health Home
  - **1,069 people served**

- **Community Housing Programs**
  - Housing Innovation
  - Project Community Success
  - Intentional Communities
  - Rising Cedar Apartments
  - New Hope Apartments
  - Minnehaha Commons Apartments
  - **283 people served**

- **Fitness Center**
  - **118 people served**

- **Residential Treatment Services**
  - Residential Treatment Bloomington
  - Residential Treatment Minneapolis
  - Lyric Lane Residential Treatment and Crisis Services
  - **420 people served**

Some individuals were involved in more than one program.
Touchstone Mental Health 2019 Financial Overview

INCOME AND EXPENSE STATEMENT

Support and Revenue
- Net Program Service Fees $12,158,763
- Rent and Utilities $671,394
- Investment Income $25,002
- Grants $820,792
- Contributions $157,426
- Other $36,526

Total Support and Revenue $13,869,903

Expenses
- Program Services $11,324,574
- Management and General $2,249,341
- Fundraising $198,356

Total Expenses $13,772,271

Change in Net Assets $97,632
Net Assets, Beginning of Year $5,569,052
Net Assets, End of Year $5,666,684
Thank you for fostering Hope, Health and Well-being for people living with a mental illness.

$1,000+
Anonymous (1)
Matthew and Amy Anderson
Thomas Berg
Bethany Burzynski
Paul and Ann Capeder
Family Fund of the National Philanthropic Trust
Christine Clifford
Mark and Shari Coe
Philanthropic Fund
Connelly Family Charitable Fund
John Fritz
Leigh-Erin Irons
Michael LaMarche
Donna Langer-Hansen
Michele Lewkowitz
Brian Mangnuson
Richter Family Foundation
The Sjaastad Family Charitable Fund
Ellie Skelton and Tony Thomas
Mary and Ken Sutherland
Erica Taylor and Shane Radtke
J. Thomas and Janet Rajala Nelson Fund of the Saint Paul and Minnesota Foundation
The Williams Donor Advised Fund
The Mary Zbikowski Fidelity Charitable Fund

$250 - $999
Anonymous (3)
Hugh Aylward
Judy Bernier
Gena Braaten
Terri Cermak
Michelle Crain
Mary Beth Fessler
Peter Flint
Dale Forsberg
Paul Haik
Beth Heinz
Darvia Herold
Abraham Barton
Anna Bartz
David Baune
Ryan and Andrea Beduhn
Jessica Bender
Lisa Benrud
Kourtini Bidwell
Caroline Bivona
Lisa Blazar
Sarah Bloom
Julie Bluhm
Allen Bosch
Marcia Braaten
Brady Burton
David Burzynski
Loren Butler
Gene and Roberta Callery
Lyndsay Capeder
Stephanie Carlson Ventura
Kathy Cashin
Mike Christenson
Angela Clemens
Stefano Consiglio
Rich Cowles
Terri Crider
Patricia Cullen
Phil Davis
Julie Delene
Alex Deming
James Denzer
Amanda Diedrich
Leslie Dodoo
Lori Donnelly
Kate Dorwart
Kathy Dorwart
Susan Dragsten
Jack Duffy
Jennifer Eckert
Darlene Egan
Lindsey Erdmann
Beth Fahning
Connor Ferguson
Mary Feterl
Rachel Flanders
Jacqueline Francis
Rachel Funk
Kalli Funk
Daniel Geer
Elena Geiger-Simpson
Kari Geurts
Lorrie Ghose
Erica Gleitz
Tatiana Glistvain
John Gower
Dana Grethen
Karim Grosscup
Jim Gruber
Deb Gruel
Amy Habedank
Jennifer Halcrow Giving Fund
Christine Harnack
Crystal Hatcher
Andrea Hendel
Jackie Hlavka
Josh Hoef
Barbara Jeanetta
Colleen Johnson
AnTonia Johnson
Nancy Johnston
Jim Jonas
Sarah Josephs
Yumi Kayama
Bruce Kerber
Natalie Kerber
Janet Klein
Katie Klug
Brett Kohls
Jeffrey and Rachel Koschmieder
Tamara Kramer
Dale Lange
Martha Lantz
Brad Larson
Jean Larson
Ian Law
James Lehnhof
Renee Levesque
Sarah Lewis
Harvey Linder
Carol Lovly
Holly Lund
Debbie Lundell
Susan Lyon
Victoria Malawey
Andrew Marshall
Rebecca Martin
Michele McGee
Patrick McGinnis
Joane McGraw
Jennifer McPriston
Diane McQuillan
Peg Quinlan-Porter
Brenda Metcalf
Marsha Milgrom
William Milkes
Mike Miner
Jean Mishler
Megan Mitzi
Sarah Morgan
Margaret Morris
Deborah Moses
Katie Munlen
Tracy Murphy
Marisa Myhre
Dean Neumann
Susan Newman and John Wagner
Mark Niblick
Bruce O'Leary
Linda Olsen
Caitlin O'Malley
Britt Ortmann-Wold
Sharon Oswald
Jason Ottmar
Jackson Otto
Pat Peschman
Carol Peterson
Lorna Pettis
Steven Pieper
Katherine Pollock
Renae Porath
Clare Poulose
Geraint Powell
Robert Preska
Larry Prinds
Debra Procknow
Brandon Raaf
Terese Radford
Helen Raleigh
Maerin Renee
Heidi Rich
Nate Robitschek
Lisa Rolfs
Jeanette Rosand
Cathy Rucci
Robert Sabota
Alice Sanders
Steve Sandilla
Anelise Sawkins

$1 - $249
Anonymous (40)
Sue Abderholden
Sandra Accola
Jeff Achen
Jamal Adam
Mary Adriaens
Jody Amundson
Kriska Anderson
Heidi Anderson
Lynette Anderson
Deanna Anderson
Catherine Anderson
Sara Aurelius
Rebecca Bachman
Sean Bailey
Maria Barksdale
Pearl Barner
Sars Barron-Leer

$100 - $249
Anonymous (1)
In Honor
Matthew Anderson  Catherine Anderson
Michael Anderson  Mary Setter
Andrew Barksdale  Maria Barksdale
Kim Berg  Carol Lovly
Ethan Carroll  Debbie Young
Kathy Cashin  Mary and Ken Sutherland
Greg and Susie Flint  Peter Flint
Deb Hesli  Anonymous
Hanna and Matt Hesli  Deb Hesli
Marnie Johnson  Anonymous
Rajew Mża  Malini Wright
Thomas Mishler  Jean Mishler
Kathie Prieve  Helen Raleigh
Shawna Sanders  Judy Bernier
Muktar Shahe  Yussuf Shafie
Rheagan Simonsen  Amy Wrightson
Scott Thomas  Mary Thomas
Michelle Wincell O’Leary  Dean Neumann

In Memory
John Benz  Stephanie Carlson Ventura
Darrin, Kenny and Justin  Tamra Kramer
Daniel Gower  John Gower
Beau Gruenwald  Jason Ottmar
Wayne Johnson  Lisa Rolfs
David Milkes  William Milkes
Michael Miller  Kathie Prieve
Carinna Murphy Lee  Caroline Bivona
Ceil Raleigh  Endowment Fund  Anonymous
Virginia (Ginger) Schwabe  Anonymous
Patrick Teel  Lorraine Teel
Nick Tilleson  Kalli Funk
Rachel Funk
Ray Weutzer  Bruce O’Leary
Frank Witting  Gene and Roberta Callery

In-Kind Donations
Jeff Achen  Glen and Sandra Albert  Alliance Housing
Laura Bass  Gloria Becena
Judy Bernier  Boston Scientific
Mark and Tara Carlson  Patricia Cullen
Delta Dental of Minnesota  Jill Franklin
Hazelden BookAid  Beth Isely Eide
Jim Brandenburg  Photography
Beth Kessler  Longfellow Market
Janet Marks
Medtronic  Minnesota Renaissance Festival
Minnesota State Fair  Mother Earth Gardens
Myslajek, Kemp & Spencer LTD
Oakwood Elementary  Kathie Prieve
Jaye Quinlan  Radisson Blu Mall of America
Helen Raleigh  Lisa Rolfs
Dan Schuchman  Seward Community Co-op
Margie Skelton and Kelly Griffitts
Rebecca Spartz  Stanton Adams Consulting LLC
Lori Tracy  University of Minnesota-Fairview Care Management
Warren Burger American Inn of Court
Joan Wigginton

Foundations, Corporations and Civic Groups
AgríBank FCB
Allina Health
Amazon Smile
Aroha Philanthropies
Best Buy
Blumentals/Architecture, Inc.
Center of Movement
Ergotron
Fredrikson & Byron Foundation
Gallagher
Greater Twin Cities United Way
Intereum
KAI SERComm
Medica Foundation
Orangetheory Fitness
Maple Grove
Otto Bremer Trust
Pizza Luce
Shavlik Family Foundation
Stevens Square Foundation
Rockefeller Philanthropy Advisors – Learning4Good
UnitedHealth Group
U.S. Bank
Warren Burger American Inn of Court

Inspire Event Sponsors
Diamond Sponsor
U.S. Bank

Platinum Sponsors
Credible Bvavioral Health Software
M Health Fairview

Silver Sponsors
Antoun Nabhan
Bremer Bank
Bridge water Bank
Choice Bank
Delta Dental of Minnesota
Hayes Gibson International Marsh & McLennan Agency
Philips
SUCCESS Computer Consulting
Watson-Forsberg

Bronze Sponsors
Aon
Ballinger Leafblad
Blackbird Personnel
Blumentals/Architecture, Inc.
CARE Clinics
D’Amico Catering
Fostar
Genoa Healthcare
Hanover Insurance
Medica
Orangetheory Fitness
Maple Grove
Pizza Luce
Reinhart Foodservice
SFM Mutual Insurance

Quilts for People in Our Programs
Cornerstone Church
Forest Lake Memorial Quilters
Shirley Jarcho
Rosemary Mengelkoch
Mt. Olivet Lutheran Church of Plymouth
Peace Lutheran Church
Peace Presbyterian Church
St. Joseph the Worker Catholic Church
St. Stephen Lutheran Church

*Please excuse any omissions or inaccuracies. For corrections, please contact Development at (612) 767-3881.
Our Agency

2019 Board Members

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<th>Board Member</th>
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<tr>
<td>Erica Taylor Radtke, Chair</td>
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<td>Bethany Burzynski, Vice Chair</td>
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<tr>
<td>John Fritz, Treasurer</td>
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<tr>
<td>Leigh-Erin Irons, Past Board Chair</td>
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<tr>
<td>Jamal Adam</td>
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<tr>
<td>Matt Anderson</td>
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<td>Sanchayita Ray</td>
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<tr>
<td>Liina Roth</td>
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<td>Pia Teabout</td>
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Touchstone Leadership

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<tr>
<td>Ellie Skelton, Executive Director/ CEO</td>
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<tr>
<td>Chris Tomshine, Chief Financial Officer</td>
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<tr>
<td>Khu Thao, Vice President of Community Mental Health</td>
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<td>Michelle Wincell O’Leary, Vice President of Community Housing Services</td>
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Interns and Volunteers

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<td>Boston Scientific PRIDE</td>
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<td>Susan Terry (and Cayleigh)</td>
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<td>Mailee Vue</td>
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227 Employees

13 Programs

7 Locations

3 Counties
Our Programs

Touchstone Mental Health assists individuals in their mental health recovery. Our services help people learn about their illness, improve their ability to handle their lives each day and reach their goals.

Behavioral Health Home and Care Coordination

Behavioral Health Home and Care Coordination are community programs which help individuals find community resources and coordinate physical and mental health care. Our staff work with individuals to create a plan that meets individual needs and preferences.

Case Management

Case Management connects people to medical, mental health, housing, financial, vocational, social and other necessary resources to meet their mental health needs and support their independence.

Housing Innovations

Housing Innovations helps people find and move into community housing and offers ongoing support to help people keep their housing. Independent living support, wellness education, medication assistance, and social activities are also available for people who are approved for waiver services.

Intensive Residential Treatment Services

Short-term residential treatment is designed to improve mental health stability, personal and emotional adjustment, self-sufficiency and community independence. Services are offered in Bloomington, Minneapolis and Lyric Lane, in Fridley. Lyric Lane also offers Crisis Residential Services that serves individuals in crisis with immediate treatment needs.

Intentional Communities

The Intentional Communities program provides in-home services to build social, community and housing management skills. Program members meet weekly as a “community” of peers who support each other in their mental health recovery.

Minnehaha Commons Apartments

Minnehaha Commons provides permanent housing for people ages 55 and older who have experienced homelessness. Touchstone offers 24-hour on-site staff for individual support, assistance and community referrals. Service options include counseling, nursing, housekeeping, service coordination, meal planning and prep, transportation assistance, tenant education and linkage to community resources. Minnehaha Commons is located in the Minneapolis Longfellow neighborhood.

Rising Cedar and New Hope Apartments

Rising Cedar and New Hope Apartments provide permanent housing with 24-hour on-site services that includes counseling, nursing, housekeeping, service coordination, and linkage to community resources. Apartments are located in Minneapolis and New Hope.

Fitness Center

The Fitness Center offers a variety of machines, weights, personalized fitness training, individual and group memberships. The Fitness Center is open to anyone in the community.